

Your Success  
in Life  
and Business  
is Limited!  
Unless You  
Sharpen Your  
Speaking and  
Presentation Skills!

The further up the  
success ladder you  
move, the more  
important becomes  
your ability to speak  
and communicate  
powerfully  
and sincerely!

Whether or not you  
become a professional  
speaker, if you don't en-  
hance your  
communication-  
speaking skills, you will  
fail to achieve your  
greatest potential in life.



*You will be delivering  
Presentations like a  
pro during the Train-  
ing . . . Comfortably  
and Enthusiastically!*

# ***X-Treme Speaking!***

***Become a High-Powered  
Speaker and Trainer!***

**The Dynamic, 2-Day  
Speaker/Trainer Boot-Camp  
with International Trainer**



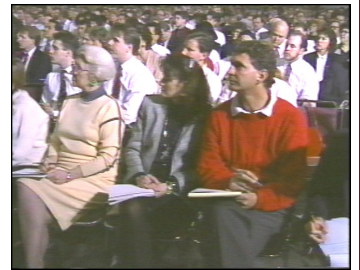
Whether you are a professional  
speaker and/or workshop-seminar leader, or you  
simply want to be a more confident, charismatic,  
communicator, these may be *the most important*  
*2-days of your life!*

Studies have shown that people who speak better are perceived as  
being more attractive, sexy, exciting, and intelligent, and make more  
money.

Public speakers, motivational speakers, inspirational speakers,  
keynote speakers, workshop leaders and seminar presenters are  
among the highest paid people in the world!

There are a handful of people who have already mastered the art of  
delivering winning presentations. They channel their nervousness  
into positive energy, use precise body language and vocals to  
reinforce their authority, and can seemingly turn every potential  
disaster into opportunity with grace and style. These people have  
perfected methods and strategies that  
guarantee strong and effective presentations.

***You Too Can Learn the Secrets of the  
Master Presenters and Communicators!***



These tools will work whether you're a novice at speaking in  
front of a group, or a seasoned veteran who would like to  
enhance his/her presentation skills!

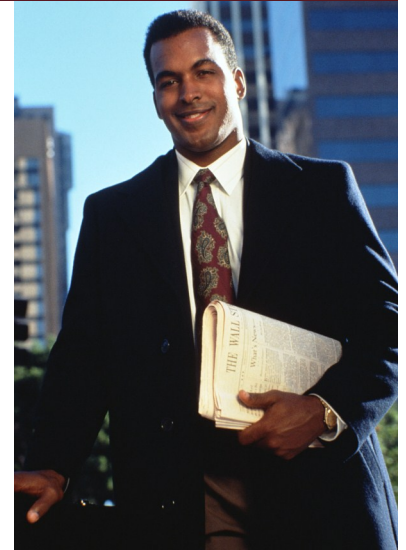
***Deliver*** captivating presentations that engage the full attention of your listeners!

***Extinguish*** your fears of public speaking and gain unshakable confidence!

***Learn*** how to express yourself, to be “real,” so your audience feels your sincerity and believes every word you speak!

***Create*** a Charismatic personality that draws people towards you!

**With over 11 million meetings and conventions scheduled each year,** nearly all professional trade associations, most major corporations, schools and universities, religious organizations, governmental agencies, charitable foundations, and social clubs search for and hire speakers to provide both education and enlightenment for their meeting attendees. And because “education and enlightenment” are usually an organization’s primary responsibility, meeting planners spend a large portion of their budget on hiring YOU, the speaker. The opportunities for trainers are equally enormous.



**Your presentation style may be strictly educational in nature or it may be motivational. You may wish to enlighten through humor or you may wish to inspire through emotion. Your lecture may be full of statistical data or it may include creative stories. You may prefer small audiences with whom you interact or you may enjoy the thrill of a standing ovation from the crowd in a stadium. We will help you define your strengths and we will guide you toward your most comfortable stage presence. We will then help you “IGNITE” your presence and create powerful delivery!**

### ***Just a Some of What You Will Learn . . . . .***

- How to channel nervousness into positive energy.
- How to create a personal "Flow State" to access your information easily and reliably.
- Steps to strengthen your personal and interpersonal impact.
- How to develop heightened sensory acuity to be aware of everything that's going on in the room.
- How to Improve your impromptu and extemporaneous speaking.
- How to develop a "Charismatic Presence" that draws people towards you.
- How to empower your attendees and bring out their very best.
- The OASIS method for enhancing your speaking.
- Credible/Approachable Voice Patterns.
- The "Four Cornerstones" of communication.



- Techniques used by actors and entertainers to add poise and polish.
- Proven interactive group exercises as ice breakers and rapport builders.
- The powerful characteristics of great communicators.
- Three ways to exercise your voice to project more confidence and credibility.
- How to add humor to spice up your presentations.
- Effective uses of body language—your greatest visual aid.
- How to "Turn On" energy, spontaneity and creativity at will.
- And much more.....

## Partial Seminar Outline.....

- **Primary Presentation Skills:** Getting totally present and on target to what you want to accomplish. Leaving the concerns of the day behind. Re-channeling fears into positive energy. Reading the mood of the room. How the mind retains information. The four "cornerstones" of communication. Using creativity to "jump-start" the minds of your audience members.
- **Creating Dynamic Interaction:** The four objectives every presentation. Avoiding the five "deadly sins" that turn off listeners instantly. Getting people to act on what you tell them. A 20-point checklist to help you understand your listeners. Accessing your information easily and reliably through your personal "flow state." Creating a powerful vocal image. Using creative "Ice Breakers" for immediate rapport and interaction. Maintaining proper timing. Using your environment to empower your message.
- **Extending Interactive Processes:** Strategies for strengthening your personal impact. Utilizing heightened sensory acuity to tune into your complete environment. The essence of group dynamics. Honing nonverbal behavior to effectively direct group dynamics. The "four quadrants" for assigning attributes.
- **Creating a Powerful Presence:** Using "credible" verses "approachable" voice patterns. Utilizing the techniques and strategies of "Master Presenters." Developing a "Charismatic Personality." Precise "Modeling Strategies:" for enhanced presentation skills. Effective use of body language—your "greatest visual aid". Projecting more confidence and credibility with your voice. Overcoming the common verbal stumbling blocks that sabotage credibility. "Turning on" energy, spontaneity and creativity at will.



**effective, and  
captivating  
presentations and  
training programs  
in no time!**

**The Dynamic 2-Day  
Speaker/Trainer  
Boot-Camp will have  
giving powerful,**



### **Tell Stories that'll Keep Your Audience Riveted!**

Stories are the ideal way for you to pull the emotional triggers of your audience. Story telling allows you to clarify your message better than any plain old explanation ever could. We help you become a natural storyteller!

**Engage Your Audience with Body Language and Natural Gestures.** People are drawn toward natural, animated human movement. We'll help you attain the body language that'll help drown out the "chatter" inside your audiences' heads.

**Use Humor to Shift the energy from "Seminar Audience" to "A Gathering of Friends!"** Even the dullest of personalities can have an audience in an uproar with just minutes of practice. It's easier than you think!

**Become an Original!** Delivering originality is one of the key secrets to a speaker's success. We'll show you how to make your message blossom with creative authenticity.

**Drive Your Message Home.** We'll have you igniting your groups with passion, motivation and a desire to come back.

**Synergize Your Audience!** We'll help you become skilled at uniting your audiences and creating a dynamic rapport with the whole group.

**Maintain Continuous Audience Engagement.** We'll teach you how you can get the group raising their hands, nodding in agreement, answering your questions and getting up on their feet.

**You will learn how to . . . . .**

- **Use posture and voice inflections congruently!**
- **Speak in pictures that your audience's brains receive instantly!**
- **Think quickly on your feet and recover from blunders convincingly!**
- **Shift feeling states instantly and move your audience's emotions in seconds!**
- **Energize yourself, stretch your outcomes, and give more than expected!**

Graduates of this Seminar  
will be eligible for  
Certification as a  
Professional Speaker (CPS) by the  
American Society of Professional  
Speakers & Trainers (ASPST—USA)

Visit us on the Web . . . .  
[www.X-TremeSpeaking.com](http://www.X-TremeSpeaking.com)

### About Your Trainer:



**Dr. George Bien** has inspired and changed the lives of hundreds of thousands of people. His dynamic and heartfelt presentations have spanned the globe. He is one of the country's leading experts on accelerating human potential. George has been featured on numerous television programs, including: Donahue, Good Day New York, First Edition, America's Talking, Alive and Wellness, Fox 5 News, WWOR-TV, NBC News and Inside Edition. He has conducted trainings for numerous organizations, including Fortune 500 companies: the Lipton Corp., Goen Seminars, Typin Steel, Soft Touch Computer Associates, International Vendors Association, Touro College, Five Towns College and Harvard University.